## Itinerary:

- **Day 1:** Flight to Mineralnye Vody. Arrive at midnight. Meet at the airport and 3hours bus ride to a hotel in the Mt Elbrus area. You will arrive at the hotel at around 3-4am. Accommodation at the hotel in the Elbrus area at 2100m. Times may vary depending on flight times in and out of Moscow.
- **Day 2:** Late breakfast. A day to explore the area, take short walk and visit local small souvenir market. Dinner in the Hotel.
- **Day 3:** Acclimatisation hike to the Terskol peak 3100m, 4-5 hrs walking up. We will get a very close view of Mt Elbrus. On the way we will pass a wonderful waterfall and get to the observatory. Return and overnight at the hotel.
- **Day 4:** Acclimatisation ascent up to the Cheget Mountain 3460m, this is a 4 hour walk up. From the peak we will have the perfect view of two headed Mount Elbrus (weather permitting). Return and overnight at the hotel.
- **Day 5:** Short drive (10-15 min) to the Azau Station (at 2350m). Take the ski lifts up to the Garabashi Station (3800m). Accommodate at the mountain huts at 3800m or at the Diesel hut at 4100m. After lunch we will take an acclimatisation walk up to 4300-4400m. Return to overnight at the huts.
- **Day 6:** Acclimatisation walk up to the Pastukhovo Rocks up to 4800m, 3-4 hours. Return to the huts.
- **Day 7:** Rest day before the climb of Mount Elbrus. On this day we will do some crampons and ice axe practice before the climb. Hut.
- **Day 8:** Summit day. Leave the huts in the very early morning (about 2-3am) to climb the highest west peak of Mount Elbrus, 5642m. 8-10 hours walking up. Return to the huts to overnight.

- **Day 9:** Reserve day to climb Elbrus (or descent to the hotel in the valley).
- **Day 10:** Return to the hotel in the valley. If the group climbs the peak without using the spare day, return to the valley on the previous day where we can do some additional walking. Overnight stay in the hotel.
- Day 11: Drive to the Mineralnye Vody airport. Departure.